PEDIATRIC PATIENT
EDUCATION
A comprehensive library of trusted
health information for
parents/patients covering birth
through young adulthood from the
American Academy of Pediatrics
(AAP). Here is a list of handouts
featured in the core library.

1. Acne: How to Treat and Control It*
2. Acute Ear Infections and Your Child*
3. ADHD—Homework Tips for Parents
4. ADHD—The Use and Abuse of
Psychoostimulant Medication
5. ADHD—Why Am I Having So Much Trouble With School?
6. ADHD—Why Is My Child Having Trouble in School?
7. Adoption: Guidelines for Parents*
8. Air Bag Safety*
9. Alcohol and Your Child*
10. Allergies in Children*
11. Anaphylaxis*
12. Anemia and Your Young Child*
13. Anesthesia and Your Child: Information for Parents*
14. Anesthesia and Your Child: The Day of the Procedure*
15. Antibiotics and Your Child*
16. Asthma and Your Child*
17. Baby Walkers: What You Need to Know*
18. Back to Sleep, Tummy to Play*
19. Bedwetting*
20. Beyond Screen Time: A Parent's Guide to Media Use*
21. Born Early (Preterm): At the Hospital
22. Born Early (Preterm): Health Concerns
23. Breastfeeding Your Baby: Getting Started*
24. Brief Resolved Unexplained Event: What Parents and Caregivers Need to Know*
25. Bronchiolitis and Your Young Child*
26. Building Strong Bones: Why Calcium Counts*
27. Car Safety Seat Checkup*
28. Car Safety Seats (guide & list)*
29. Care of the Uncircumcised Penis*
30. Chickenpox Vaccine, The*
31. Child Sexual Abuse*
32. Chokingproof Your Home*
33. Choking Prevention and First Aid*
34. Choosing a Pediatrician
35. Choosing Quality Child Care*
36. Circumcision*
37. Cocaine*
38. Common Childhood Infections*
39. Constipation and Your Child*
40. Croup: When Your Child Needs Hospital Care*
41. Croup and Your Young Child*
42. Crying and Your Baby: How to Calm a Fussy or Colicky Baby*
43. Dangers of Secondhand Smoke*
44. Deciding to Wait*
45. Decorative Contact Lenses: What Teens and Parents Need to Know*
46. Diaper Rash*
47. Diarrhea and Your Child*
48. Discipline and Your Child*
49. Divorce and Children*
50. Eating Disorders: Anorexia and Bulimia*
51. Eczema (Atopic Dermatitis)*
52. Encourage Your Child to Be Physically Active*
53. Febrile Seizures*
54. Feeding Kids Right Isn't Always Easy: Tips for Preventing Food Hassles*
55. Fever and Your Child*
56. Fluoride Varnish Can Help Prevent Tooth Decay*
57. Food Allergies and Your Child*
58. For Today's Teens: A Message From Your Pediatrician*
59. Fun in the Sun: Keep Your Family Safe*
60. Gambling: Not a Safe Thrill*
61. Gastroenteritis: When Your Child Needs Hospital Care*
62. Gay, Lesbian and Bisexual Teens: Facts for Teens and Their Parents*
63. Gay, Lesbian or Bisexual Parents: Information for Children and Parents*
64. Get Fit, Stay Healthy*
65. Giving Medicine to Children: Important Safety Information*
66. Growing Up Healthy: Fat, Cholesterol, and More*
67. Guide to Children's Dental Health, A*
68. Haemophilus Influenzae type b*
69. Health Care for College Students*
70. Healthy Communication With Your Child*
71. Helping Your Child Cope With Death
72. Helping Your Child Cope With Life*
73. Hepatitis B Vaccine*
74. Hepatitis C*
75. Hip Dysplasia*
76. Home Drug Testing*
77. Home Safety Checklist*
78. How to Prevent Tooth Decay in Your Baby*
79. How to Prevent Shaken Baby Syndrome and Other Forms of Abusive Head Trauma*
80. HPV (Human papillomavirus)*
81. Imaging and Medical Radiation Safety*
82. Imaging Tests: A Look Inside Your Child's Body*
83. Immunizations*
84. Important Information for Teens Who Get Headaches*
85. Inhalants*
86. Inhaled and Intranasal Corticosteroids*
87. Internet and Your Family, The*
88. Is Your Toddler Communicating With You?*
89. Jaundice and Your Newborn*
90. Keep Your Family Safe: Fire Safety and Burn Prevention at Home*
91. Know the Facts About HIV and AIDS*
92. Lactose Intolerance and Your Child*
93. Lead Is a Poison*
94. Learning Disabilities*
95. Lyme Disease*
96. Making Healthy Decisions About Sex*
97. Marijuana*
98. Medicine and the Media: How to Make Sense of the Messages*
99. Medicines for ADHD: Questions From Teens*
100. Meningococcal Disease: Information for Teens and College Students*
101. Mental Health—Guidelines for Special Time
102. Mental Health—Parent's Guide: A Strength Based Approach
103. Message to Parents of Teen Drivers, A*
104. Middle Ear Fluid and Your Child*
105. Minor Head Injuries in Children*
107. Newborn Hearing Screening and Your Baby*
108. Nursemaid's Elbow*
109. Parent-Teen Driving Agreement and a Message to Parents of Teen Drivers: Pediatrician Implementation Guide
110. Parent's Guide to Complementary and Integrative Medicine, A*
111. Parent's Guide to Head Lice*
112. Parents' Guide to Insect Repellents, A*
113. Parent's Guide to Pets, A*
114. Parent's Guide to Teen Parties, A*
115. Parent's Guide to Toy Safety, A*
117. Pelvic Exam, The*
118. Pinkeye and Your Child
119. Playground Safety*
120. Pneumococcal Infections*
121. Pneumonia and Your Child*

*Available in Spanish | Information subject to change
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122. Preparing Infant Formula: Important Safety Information
123. Protect Your Child From Poison*
124. Protect Yourself and Help Protect Your Baby: Information for New Moms on the Tdap Vaccine*
125. Puberty: Ready or Not Expect Some Big Changes*
126. Ratings: Making Healthy Media Choices*
127. Raw Milk: What You Need to Know*
128. Respiratory Syncytial Virus*
129. Responding to Children's Emotional Needs During Times of Crisis*
130. Right From the Start: ABCs of Good Nutrition*
131. Safe Sleep and Your Baby: How Parents Can Reduce the Risk of SIDS and Suffocation*
132. Safety of Blood Transfusions*
133. Should My Child Join a Clinical Trial?*
134. Sibling Relationships*
135. Single Parenting*
136. Sinusitis and Your Child*
137. Sibling Relationships*
138. Sleep Apnea and Your Child*
139. Sleep Problems in Children*
140. Smokeless Tobacco*
141. Smoking and E-cigarettes: What Parents Need to Know About the Risks of Tobacco Use*
142. Sports and Your Child*
143. Starting Solid Foods*
144. Strep Throat*
145. Steroids: Play Safe, Play Fair*
146. Stressed? Read This.*
147. Students With Chronic Health Conditions: Management of Chronic Health Needs in Adolescence to Adulthood
148. Substance Abuse Prevention*
149. Talking With Your Teen About Sex*
150. Talking With Your Young Child About Sex*
151. Tattooing and Body Piercing*
152. Teen Suicide, Mood Disorder, and Depression*
153. Teething
154. Temper Tantrums: A Normal Part of Growing Up*
155. Thumbs, Fingers, and Pacifiers*
156. Tips for Healthy Families: More and Less*
157. Tips for Parents of Adolescents*
158. Tobacco: Straight Talk for Teens*
159. Toilet Training*
160. Tonsils and the Adenoids*
161. Trampolines*
162. Treating Your Child's Pain: Medical Procedures*
163. Treating Your Child's Pain: Surgery*
164. Type 2 Diabetes: Tips for Healthy Living*
165. Understanding ADHD: Information for Parents*
166. Understanding Autism Spectrum Disorder (ASD): An Introduction*
167. Urinary Tract Infections in Young Children*
168. What is ADHD? Questions From Teens*
169. What is Clean Intermittent Catheterization?*
170. What's To Eat? Healthy Foods for Hungry Children*
171. Your Baby's Head Shape: Information for Parents on Positional Skull Deformities*
172. Your Baby's First Steps*
173. Your Child and the Environment*
174. Your Child Has a Sore Throat: What's the Cause?*
175. Your Child's Eyes*
176. Your Child's Growth: Developmental Milestones*
177. Your Child's Mental Health: When To Seek Help and Where to Get Help*
178. Your Family's Mental Health: 10 Ways to Improve Mood, Naturally*

**EXTENDED LIBRARY**

The Extended Library includes access to booklets and posters published by the AAP. It may also include publications developed in collaboration with other organizations.

1. Breastfeeding (booklet)*
2. Family Media Use (poster)*
3. First Aid/Choking/CPR chart*
5. How to Measure Liquid Medicine for Your Child (poster)*
6. Understanding ASD (booklet)*
7. Zika Virus: Pediatrician Advice for Families (infographic)

**AUTISM SPECTRUM DISORDERS FAMILY HANDOUTS**

1. Behavioral Challenges
2. Discussing the Diagnosis of Autism Spectrum Disorders (ASDs) With Your Child
3. Early Intervention Services
4. Emergency Information Form for Children With Autism Spectrum Disorders (ASDs)
5. Financial Assistance and Related Programs for Families
6. Gastrointestinal Problems
7. Guardianship
8. Health Care Transition: Moving From Adolescence to Adulthood
9. Inclusion: Elementary School
10. Inclusion: Middle and High School
11. Intervention Approaches Used for Children With Autism Spectrum Disorders
12. Introduction to Complementary and Alternative Medicine
13. Lab Tests
14. Medications and Your Child
15. Nutrition and Eating Problems
16. School-based Services
17. Seizures and Epilepsy
18. Sibling Issues
19. Sleep Problems
20. Talking About Sexuality for Parents of Teens With Autism Spectrum Disorders
21. Teaching Social Skills
22. The Medical Home for Children With Autism Spectrum Disorders (ASDs)
23. Toilet Training
24. Vaccines

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BRIGHT FUTURES WELL-CHILD VISITS*
1. Parent Handout 1 to 5 day (First Week)
2. Parent Handout 1 Month
3. Parent Handout 2 Month
4. Parent Handout 4 Month
5. Parent Handout 6 Month
6. Parent Handout 9 Month
7. Parent Handout 12 Month
8. Parent Handout 15 Month
9. Parent Handout 18 Month
10. Parent Handout 2 Year
11. Parent Handout 2 ½ Year
12. Parent Handout 3 Year
13. Parent Handout 4 Year
14. Parent Handout 5 and 6 Year
15. Parent Handout 7 and 8 Year
16. Patient Handout 7 and 8 Year
17. Parent Handout 9 and 10 Year
18. Patient Handout 9 and 10 Year
19. Parent Handout Early Adolescent (11-14 years)
20. Patient Handout Early Adolescent (11-14 years)
21. Parent Handouts 15 and 17 Year
22. Patient Handout 15 to 17 Years
23. Patient Handout 18 to 21 Years

CARE OF THE YOUNG ATHLETE
*Implementation Guide (Violence Prevention)
1. Bullying: It's Not OK
2. Connecting With Your Community
3. Everybody Gets Mad: Helping Your Child Cope With Conflict
4. Drug Abuse Prevention
5. Expect Respect: Healthy Relationships*
6. Friends Are Important: Tips for Parents
7. Growing Independence: Tips for Parents of Young Children
8. Help Stop Teenage Suicide
9. How Do Infants Learn?*
10. Next Stop Adulthood: Tips for Parents
11. Parenting Your Infant*
12. Playing is How Toddlers Learn*
13. Pulling The Plug On TV Violence*
14. Staying Cool When Things Heat Up
15. Talking With Your Teen: Tips for Parents
16. Teaching Good Behavior: Tips on How to Discipline*
17. Teen Dating Violence: Tips for Parents
18. Teen Suicide and Guns
19. Welcome to the World of Parenting
20. Young Children Learn a Lot When They Play*
21. Your Child is on the Move: Reduce the Risk of Gun Injury

MANAGING INFECTIOUS DISEASES IN CHILD CARE AND SCHOOLS
1. Bedbugs
2. Bites (Human and Animal)
3. Boil/Abscess/Cellulitis
4. Campylobacter
5. Chickenpox (Varicella-Zoster Infections)
6. Clostridium difficile (Also Called “C diff”)*
7. Cryptosporidiosis
8. Cytomegalovirus (CMV)
9. Dental Caries (Early Childhood Caries)
10. Diarrhea
11. Diarrhea Caused by Specific Types of E coli (Escherichia coli)
12. Ear Infection
13. Fever
14. Fifth Disease (Human Parvovirus B19)
15. Giardiasis
16. Haemophilus influenzae Type b (Hib)
17. Hand-Foot-and-Mouth Disease
18. Hepatitis A Infection
19. Hepatitis B Infection
20. Herpes Simplex Virus
21. HIV/AIDS
22. Impetigo
23. Influenza
24. Lice (Pediculosis Capitis)
25. Lyme Disease (and Other Tick-borne Diseases)
26. Measles
27. Meningitis
28. Molluscum Contagiosum
29. Mononucleosis
30. Mosquito-borne Diseases
31. Mouth Sores
32. MRSA (Methicillin-resistant Staphylococcus aureus)
33. Mumps
34. Norovirus
35. Pinkeye (Conjunctivitis)
36. Pinworms
37. Pneumonia
38. Respiratory Syncytial Virus (RSV)
39. Ringworm
40. Roseola (Human Herpes virus 6)
41. Rotavirus
42. Rubella (German Measles)
43. Salmonella
44. Scabies
45. Shigellosis
46. Shingles (Herpes Zoster)
47. Strep Throat (Streptococcal Pharyngitis) and Scarlet Fever
48. Stye
49. Thrush (Candidiasis)
50. Tuberculosis (TB)
51. Upper Respiratory Infection (Common Cold)
52. Urinary Tract Infection
53. Vomiting
54. Warts (Human Papillomavirus)
55. Whooping Cough (Pertussis)
56. Yeast Diaper Rash (Candidiasis)

MANAGING CHRONIC HEALTH NEEDS IN CHILD CARE AND SCHOOLS
1. Achondroplasia (Short Stature Conditions)
2. Allergic Skin Conditions
3. Allergies: An Overview
4. Altered Immunity: An Overview

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2. (What is a…)

PEDIATRIC SUBSPECIALISTS

(What is a…)

1. Pediatric Subspecialists (overview)
2. Adolescent Health Specialist
3. Child Neurologist
4. Developmental-Behavioral Pediatrician
5. Neonatologist*
6. Pediatric Allergist/Immunologist*
7. Pediatric Anesthesiologist*
8. Pediatric Critical Care Specialist*
9. Pediatric Dentist
10. Pediatric Dermatologist*
11. Pediatric Emergency Physician*
12. Pediatric Endocrinologist*
13. Pediatric Gastroenterologist*
14. Pediatric Geneticist*
15. Pediatric Hematologist/Oncologist*
16. Pediatric Hospitalist*
17. Pediatric Infectious Diseases Specialist*
18. Pediatric/Neonatal Critical Care Transport Team
19. Pediatric Nephrologist*
20. Pediatric Neurosurgeon*
21. Pediatric Ophthalmologist*
22. Pediatric Orthopedic Surgeon*
23. Pediatric Radiologist*
24. Pediatric Rheumatologist*
25. Pediatric Sports Medicine Specialist*
26. Pediatric Surgeon*
27. Pediatric Urologist*

PLAIN LANGUAGE PEDIATRICS*

1. Asthma
2. Asthma Triggers
3. Bedwetting
4. Calcium
5. Caring for Your Child's Teeth
6. Choosing Over-the-Counter Medicines
7. Colds
8. Constipation
9. Croup
10. Diarrhea, Vomiting, and Water Loss (Dehydration)
11. Ear Infections
12. Fever
13. Flu, The
14. How to Take Your Child's Temperature
15. Prescription Medicines and Your Child
16. RSV, Bronchiolitis, and Your Baby
17. Secondhand Smoke
18. Start Reading to Your Child Early
19. Teens and Tobacco
20. Temper Tantrums
21. Using Liquid Medicines
22. Using Over-the-Counter Medicines
23. What is ADHD?
24. What to Do for ADHD
25. What is Your One-Year-Old Telling You?

3. 1 to 2 Years*
4. 2 to 4 Years*
5. 5 Years*
6. 6 Years*
7. 8 Years*
8. 10 Years*

SAFETY TIPS

1. Babysitting Reminders
2. Firearms Injury Prevention
3. Four Steps to Prepare Your Family for Disasters
4. Home Water Hazards for Young Children
5. Infant Furniture: Cribs
6. Lawn Mower Safety
7. Life Jackets and Life Preservers
8. Pool Safety for Children
9. Protect Your Child...Prevent Poisoning
10. Protect Your Home Against Fire...Planning Saves Lives
11. Safe Driving...A Parent's Responsibility
12. Safety Tips for Home Playground Equipment
13. Water Safety for Your School-aged Child
14. When Your Child Needs Emergency Medical Services

BIKE SAFETY

1. About Bicycle Helmets
2. Bicycle Safety: Myths and Facts
3. Child as Passenger on an Adult's Bicycle, The
4. Choosing the Right Size Bicycle for Your Child
5. Safe Bicycling Starts Early
6. Tips for Getting Your Children to Wear Bicycle Helmets

VACCINE INFORMATION STATEMENTS (VIS)

1. Chickenpox Vaccine*
2. Diphtheria, Tetanus, & Pertussis Vaccine*
3. Haemophilus influenzae Type b Vaccine*
4. Hepatitis A Vaccine*
5. Hepatitis B Vaccine
6. Human Papillomavirus Vaccine*
7. Influenza Vaccine (Inactivated)*
8. Measles, Mumps, & Rubella Vaccines*
9. Meningococcal Vaccine*
10. Pneumococcal Conjugate Vaccine (PCV13)*
11. Polio Vaccine*
12. Rotavirus Vaccine*
13. Tetanus, Diphtheria Vaccine*
14. Tetanus, Diphtheria, & Pertussis Vaccine*
15. Your Child's First Vaccines*

HEALTHY CHILDREN DIGITAL MAGAZINE EXCERPTS

Links to excerpts are located at

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